House Rules:

House rules are clearly defined; any temporary rules implemented for the needs of the residents shall not be overly burdensome and are consistent across multiple residents, unless one is put on individual restriction with cause. The following should be considered minimum mandatory standards:

- 1. There shall be no consuming alcohol and/or other drugs by anyone on the property nor while living at the property.
- 2. Alcohol and items containing alcohol shall not be brought onto the property for any reason.
- 3. Alcohol and other drug use may be grounds for dismissal from the house; upon being notified of possible alcohol and/or other drug use by a resident, the resident will first be referred to detoxification services for up to three days. Further, a resident has the right to file a grievance if dismissed from the residence without being referred to detoxification services. Note: The Spencer House assumes NO fiscal responsibility for payment for detoxification for a resident.
- 4. Weekly attendance of house meetings is mandatory for all residents.
- 5. Management is clearly identified and remains accessible daily.
- 6. House policy addressing visitation: Saturdays from 1pm 3pm (including visiting children), terms of contact, visitation is permitted in backyard and living room; must be adhered to by all residents.
- 7. Weapons, physical violence, threats of violence, antisocial, abusive behavior or language is prohibited and strictly enforced.
- 8. Curfew must be followed, 10:00pm in room and lights, all electronics off by 11:00pm. On Friday and Saturday nights the curfew is 11:00pm and all electronics off by 12:00am.
- 9. Every month, each guest is allowed four overnight passes. Must be requested in writing 3 days prior to and approved by management.
- 10. TV use is only allowed for 2.5 hours per day per guest, as to ensure all are focused being productive and working on healthy life habits.
- 11. All residents must complete assigned chores by 10:30am.

- 12. All residents must be actively involved in self-directed recovery program activities and must attend 3 A.A./N.A. meetings per week. One meeting is at the house each week for residents.
- 13. Guests agree to have their personal property or their room searched at any time.
- 14. No lying and no stealing from other guests.
- 15. No violence is allowed nor shall any resident threaten or intimidate another, we will solve any differences with Management as a mediator.
- 16. Mandatory house meetings are once per week in the evening. Medication bags are passed out, guests must provide their own pill container.
- 17. No smoking or vaping in the house, only in designated smoking area outside. Inside voices must be used as to be considerate of neighbors and our Good Neighbor Policy.
- 18. Visiting hours is Saturday from 12:00pm to 3:00pm. Visitors must be clean and sober. Only residents are allowed in bedrooms. Visitors are allowed in living room and backyard only. If a child is visiting, you are responsible for full supervision of the child(ren) during visiting hours. Sponsors and panel participants must leave the house by 9:00pm.
- 19. Residents are not allowed in other, non-roommate resident's rooms and may congregate in the living room, dining room or outside. Community areas only.
- 20. No hair or bleach dye allowed on the property.
- 21. Guests must pick up after themselves, in addition to assigned chores.

Issues are first mediated with Management, if issues persist, residents may be put on strict restriction, if not resolved then resident may be given notice to vacate. Our purpose is to provide a peaceful, clean environment for healing and creating healthy life habits.